



BERRYFUSIONS® FRUITS - BLUEBERRY

UPC# 94672, 94682

NUTRITIONAL ANALYSIS (per 100 grams- unrounded) September 2016

Calories	349
Calories from Fat	5.0
Total Carbohydrates	85.4 g
Sugars	62.61 g
Added Sugar	56.97 g
Dietary Fiber	5.1 g
Protein	0.59 g
Total Fat	0.56 g
Trans Fat	0 g
Cholesterol	<1.0 mg
Moisture	13.2 g
Ash	0.24 g
Vitamin A	0.031 mg
Vitamin C	1.16 mg
Vitamin D	0 mcg
Calcium	11 mg
Iron	0.28 mg
Copper	< 0.2 mg
Magnesium	7.0 mg
Niacin	0.53 mg
Phosphorus	13 mg
Potassium	81 mg
Riboflavin	0.10 mg
Sodium	3.2 mg
Thiamin	0.031 mg
Zinc	0.30 mg